


Davis County

Nutrition Resource

	Apostolic Assembly of God 389 S State Street Clearfield, UT 84015 https://www.foodpantries.org/li/apostolic_assembly_of_god_84015	Food Assistance	Free/Low Price
	Family Connection Center Food Bank 875 East Hwy 193 Layton, UT 84040 801-771-4642 https://www.foodpantries.org/li/Family_Connection_Center_Food_Bank:	Food Assistance	Free/Low Price
	Fish-n- Loaves 1332 North Hill Field Rd Layton, UT 84041 801-544-2426 https://www.foodpantries.org/li/fish_-_n_loaves_84041	Food Assistance	Free/Low Price
	Layton DROPS (Delivery and Redistribution of Produce and Sur) 1332 North Hill Field Rd Layton, UT 84041 https://www.foodpantries.org/li/layton_drops_(delivery_and_redistributio_n_of_produce_and_sur_84041	Food Assistance	Free/Low Price
	Church of Jesus Christ of LDS 61 South 600 West Kaysville, UT 84037 801-543-1855 https://www.foodpantries.org/li/lds_bishops_storehouse_and_kaysville_84037	Food Assistance	Free/Low Price
	Neighborhood Walmart 5205 1356 E Highway 193 Layton, UT 84040 801-771-2987 https://www.walmart.com/	Supermarket	Prices vary
	Walmart 3366 Supercenter 221 W Parrish LN Centerville, UT 84014	Supermarket	Prices vary

	801-294-0587 https://www.walmart.com/		
	Harmon's Farmington Utah 200 Station Parkway Farmington, UT 84025 801-928-2600 https://www.harmonsgrocery.com/	Grocery Store	Prices vary
	Dick's Market 2280 S Orchard Drive, Bountiful, UT 84010 801-292-1432 http://dicksmarket.com/	Grocery Store	Prices vary
	Ridley's Family Market 275 N 300 W Morgan, UT 84050 801-829-3284 https://shopridleys.com/home.php?&sn=Morgan%20Grocery%20Store%20%26%20Pharmacy&i=1161	Grocery Store	Prices Vary
	Dick's Market 84 W Parrish Ln Centerville, UT 84014 801-292-1431 http://dicksmarket.com/	Grocery Store	Prices vary
	Lee's Marketplace 725 N Redwood Rd North Salt Lake, UT 84054 385-322-5337 https://leesmarketplace.com/	Grocery Store	Prices vary
	Smith's 614 W 2600 S Woods Cross, UT 84010 385-489-3024 https://www.smithsfoodanddrug.com/	Grocery Store	Prices vary
	Natural Grocers 55 W 500 S	Fresh and organic Products	Prices vary

	Bountiful, UT 84010 801-295-2200 https://www.naturalgrocers.com/store-location/bountiful/?utm_source=GoogleMaps&utm_medium=Local&utm_campaign=bountiful		
	Associated Food Stores 170 W 200 N Kaysville, UT 84037 801-593-9359	Supermarket	Prices vary
	Smith's Marketplace 1370 W 200 N Kaysville, UT 84037 385-888-5310 https://www.smithsfoodanddrug.com/	Grocery Store	Prices vary
	Smith's Marketplace 1170 E Gentile St. Layton, UT 84040 801-546-3429 https://www.smithsfoodanddrug.com/	Grocery Store	Prices vary
	Mary's Health Shoppe 78 S Fairfield Rd E #102 Layton, UT 84041 801-544-2016 https://www.maryshealthshoppe.com/	Grocery store- personal care items, gluten-free foods	Prices vary
	Kent's Market 58- State St. Clearfield., UT 84015 801-773-8700 http://kentsgrocery.com/clearfield	Grocery Store	Prices vary
	Winegars 1080 W 300 N Clearfield, UT 84015 801-774-9000 http://winegars.com/clearfield	Grocery Store	Prices vary

	Smith's Marketplace 217 N 2000 W West Point, UT 84015 385-383-3030 https://www.smithsfoodanddrug.com/	Grocery Stores	Prices vary
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Davis County:

Physical Activity Resources

	<p>Ellison Park 700 N 2200 W Layton, Ut 84041 801-593-0381 https://www.laytoncity.org/LC/Parks/Index</p>	walking/running trails	Free
	<p>Vae View Park 1600 main St. Layton, UT 84041 801-336-3900 https://www.laytoncity.org/LC/Parks/Index</p>	Playground, walking/running, tennis court, baseball field,	Free
	<p>Andy Adams Park 1713 E 1000 N Layton, UT 84040 https://www.laytoncity.org/LC/Parks/Index</p>	Tennis court, playground	Free
	<p>Chapel Park 152 S Chapel St. Layton, UT 84041 https://www.laytoncity.org/LC/Parks/Index</p>	Walking Trails	Free
	<p>Grey Hawk park 3500 N Redtail Way Layton, UT 84040 https://www.laytoncity.org/LC/Parks/Index</p>	Walking Trails	Free
	<p>Layton Common Park 437 N Wasatch Dr. Layton, UT 84041 https://www.laytoncity.org/LC/Parks/Index</p>	Playground, Baseball Field	Free
	<p>Sand Ridge Park 2555 N Church St. Layton, Ut 84040 https://www.laytoncity.org/LC/Parks/Index</p>	Walking Trails	Free







	Woodward Park 1505 n 25 E Layton, UT 84041 https://www.laytoncity.org/LC/Parks/Index	Walking Trails	Free
	Chelemes Farm Park 1000 2050 S St. Clearfield, UT 84015 801-525-2790	Playground	Free
	Fox Hollow Park and Arboretum 2050 S 575 E Clearfield, UT 84015 801-525-2790 http://www.clearfieldcity.org/cms/one.aspx?pageId=66262	Walking trails, running, playground	Free
	Chelsie Meadows Park 1401 N 2575 W Layton, UT 84041 801-336-3900 https://www.laytoncity.org/LC/Parks/Index	Walking trails, tennis court, basketball court, playgrounds	Free
	Island View Park 1800 South Main Clearfield, Utah http://www.clearfieldcity.org/cms/one.aspx?pageId=66262	Walking/Jogging Path	Free
	Kestrel park 1800 N 3420 W Clinton, UT 84015 801-614-0780 http://clintoncity.net/	Walking tracks, playground	Free
	Loy Blake Park 3500 W 550 N West Point, UT 84015 801-776-0970 http://www.westpointcity.org/city-parks.htm	Walking/running, playground, football court, soccer court	Free
	Arnold T. Bingham Memorial Park 4550 W 550 N West Point, UT 84015 http://www.westpointcity.org/city-parks.htm	Walking Path	Free



	East Park 2550 W 330 N West Point, UT http://www.westpointcity.org/city-parks.htm	Walking path	Free
	Barnes Park 1220 West 200 N Kaysville, UT 84037 801-544-1788 https://www.kaysvillecity.com/Facilities/Facility/Details/Barnes-Park-1	Walking Paths, Playground, basketball/volleyball court,	Free
	Bountiful City Park 400 N 200 W Bountiful, UT 84010 801-298-6095 https://www.bountifulutah.gov/Parks	Walking/Jogging	Free
	Forbush Park 100 South Main Street Farmington, UT 84025 801-451-0953 http://www.farmington.utah.gov/departments/parks-and-rec/parks/	Walking/Jogging	Free
	Founders Park/William R. Smith Park 300 N 100 E Centerville, UT 84014 801-295-3477 http://centervilleut.net/recreation/parksandtrails/	Walking/Running Paths	Free
	Porter-Walton Park 95 S 400 W Centerville, UT 84014 801-292-8232 http://centervilleut.net/recreation/parksandtrails/pavilion/	Walking Paths	Free
	Freedom Hills Park 2150 N 150 E Centerville, Ut 84014 801-292-8232	Walking/hiking Paths	Free

	http://centervilleut.net/recreation/parksandtrails/		
	Fruit Heights Castle Park 1200 Nicholls Road Fruit Heights, UT 84037 801-546-0861	Playground, children games	
	Nicholls Park, East Pavilion 1105 E. Nicholls Road Fruit Heights City, UT 84037 801-546-0861 ext #6 http://www.fruitheightscity.com/Facilities#scrollLink5	Walking Trails	Free
	Nicholls Park, West Pavilion 1105 E. Nicholls Road West Pavilion Fruit Heights City, UT 84037 801-546-0861 ext #6 http://www.fruitheightscity.com/Facilities#scrollLink5	Walking Trails	Free
	Gailey Trail at Nicholls Park 1105 E. Nicholls Road Fruit Heights City, UT 84037 801-546-0861 http://www.fruitheightscity.com/Facilities/Facility/Details/Gailey-Trail-At-Nicholls-Park-7	Walking/Running Trails	Free
	Jensen Nature park 3176 South Bluff Road Syracuse, UT 84075 801-614-9660 http://www.syracuseut.com/Departments/CityParks/JensenNaturePark.aspx	Walking/Jogging Trails	Free
	North Foxboro Regional Park 1120 West 1100 North North Salt Lake, UT 84054 801-335-8700 http://www.nslcity.org/245/City-Maps	Walking/Biking Trails	Free

	Tolman Memorial Park 1300 East Center Street Bountiful, UT 84010 801-298-6100 https://www.bountifulutah.gov/Parks	Grassland to run	Free
	West Clinton Park 2000 N 2750 W Clinton, UT 84015 801-614-0780 http://www.clintoncity.net/	Walking paths, baseball field	Free
	Emma Russel Park 5700 S 4300 W Roy, UT 84067 801-774-1048 https://www.royutah.org/?page_id=1433	Walking/Running Field, playground	Free
	Smoot Park 1550 N Main Street Centerville, UT 84014 801-295-3477 http://centervilleut.net/recreation/parksandtrails/	Open Field, Playground	Free
	Island View Park 750 E 500 S Centerville, Utah http://centervilleut.net/recreation/parksandtrails/	Walking Paths	Free
	Community Park 1350 N 400 W Centerville, Utah 801-292-8232 http://centervilleut.net/recreation/parksandtrails/	Jogging Paths	Free
	Linda Vista Park 1800 W 2700 S Syracuse, UT 84075 801-825-1477	Walking/Jogging paths, Open space, playground,	Free

	http://www.syracuseut.com/Departments/CityParks/LindavistaPark.aspx		
	Craig Estates Park 2300 Craig Ln. Syracuse, UT 84075	Walking paths	Free
	Fremont Park 1950 S 3000 W Syracuse, UT 84075 801-614-9960 http://www.syracuseut.com/Departments/CityParks/FremontPark.aspx	Large field, soccer ground, playground, Trails access	Free
	Ranchettes West Park 2350 S 3400 W Syracuse, UT 84075 801-614-9960 http://www.syracuseut.com/Departments/CityParks/RanchettesPark.aspx	Playground, tennis/soccer field	Free, Call for price
	Rock Creek Park 3850 W 700 S Syracuse, UT 84075 801-825-1477 http://www.syracuseut.com/Departments/CityParks/RockcreekPark.aspx	Walking paths, biking, playground	Free
	Canterbury Park 1600 S 2500 W Syracuse, UT 84075 801-614-9660 http://www.syracuseut.com/Departments/CityParks/CanterburyPark.aspx	Walking/Jogging paths	Free
	Centennial Park 1800 S 2000 W Syracuse, UT 84075 801-614-9960 http://www.syracuseut.com/Departments/CityParks/CentennialPark.aspx	Walking/Jogging paths, playground	Free
	Jesse D. Barlow Park 2100 S 500 W Clearfield, Utah http://www.clearfieldcity.org/cms/one.aspx?pageId=66262	Walking/Jogging	Free
	Bicentennial Park/Amphitheater 931 E 600 S Clearfield, Utah	Walking/Jogging Paths	Free

	http://www.clearfieldcity.org/cms/one.aspx?pageId=66262		
	<p>Angel Street Soccer Complex 200 S Angel St. Kaysville, UT 84037 801-544-1788 https://www.kaysvillecity.com/Facilities/Facility/Details/Angel-Street-Soccer-Complex-14</p>	Walking Trails	Free
	<p>North Canyon Trail On I-15, take the 2600 south Bountiful/Woods Cross exit. Go east towards the mountains. The road will turn north and be renamed Orchard Drive. While heading north, turn right (east) on 1800 south. Just as you reach the bottom of a steep hill, turn right at the intersection. (This is about 0.6 miles before the Mueller Park trailhead. If you arrive there, backtrack.) After 1.7 miles, turn left on Canyon Creek and go uphill 0.7 miles to the end of the pavement. Start your ride by heading east (uphill) on the dirt road. http://www.daviscountyutah.gov/trails</p>	Hiking/Biking Trails	Free
	<p>Founders park 1904 W 1700 S Syracuse, UT 84075 801-824-7172 http://www.syracuseut.com/Departments/CityParks/FoundersPark.aspx</p>	Playground, baseball field, soccer field	Free
	<p>Legacy Park 2356 S 1000 W Syracuse, UT 801-825-1477 http://www.syracuseut.com/Departments/CityParks/LegacyPark.aspx</p>	Walking/Jogging Paths	Free
	<p>Stoker Park 1150 W 1575 S Syracuse, UT 801-825-1477 http://www.syracuseut.com/Departments/CityParks/StokerPark.aspx</p>	Playground, Volleyball field	Free
	<p>Bluff Ridge Park 2700 S 876 W Syracuse, UT http://www.syracuseut.com/Departments/CityParks/BluffridgePark.aspx</p>	Jogging Path	Free

	<p>Adam Canyon Trail Take hwy 89 north to Layton, turn right on East 1200 North road then immediately turn right on Eastside road. Near the end of eastside road you will see a dirt parking area. This is the trail head parking. http://www.daviscountyutah.gov/trails</p>	<p>Hiking Trails</p>	<p>Free</p>
	<p>Baer Canyon Trail From Highway 89 in the Kaysville Fruit Heights area Turn on to Mountain road, proceed east on East Oaks drive Turn left on 1800 East. At the end of the road you will see a sign that reads “Baer Trail Head parking” Turn right you will find good parking at the top of a steep lane where the trail begins. http://www.daviscountyutah.gov/trails</p>	<p>Hiking Trails</p>	<p>Free</p>

Davis County:

Blood Pressure Screening Resources

	Midtown Community Health Centers-Davis 22 S State, Ste 1007 Clearfield, UT 84015 801-393-5355	Blood Pressure Machine	Free if qualify
	Walgreens 1037 1700 S Syracuse, UT 84075 801-614-1299 https://www.walgreens.com/	Blood Pressure Machine	Free
	Walgreens 210 N Main St. Kaysville, UT 84037 801-529-1434 https://www.walgreens.com/	Blood Pressure Machine	Free
	Walgreens 515 S 500 W Bountiful, UT 84010 801-294-9107 https://www.walgreens.com/	Blood Pressure Machine	Free
	Walgreens 1962 W 1800 N Clinton, UT 84015 801-614-1347 https://www.walgreens.com/	Blood Pressure Machine	Free
	Smith's 614 W 2600 S Woods Cross, UT 84010 385-489-3024 https://www.smithsfoodanddrug.com/	Blood Pressure Machine	Free