









Summit County Resources






Nutrition Resources

	<p>Christian Center of Park City 1283 Deer Valley Drive, Park City, UT 84060 435-649-2260 https://www.ccofpc.org/</p>	<p>Food Assistance</p>	<p>Free</p>
	<p>Community Action Services- Coalville Food Pantry 17 S Main Street, Coalville, UT 84017 435-336-4277</p>	<p>Food Assistance</p>	<p>Free</p>
	<p>Community Action Services- Kamas Food Pantry 30 S main St, Kamas, UT 801-373-8200</p>	<p>Food Assistance</p>	<p>Free</p>
	<p>Adopt-A-Native-Elder Program POB 3401 Park City, UT 84060 435-649-0535 https://www.foodpantries.org/li/adopt-a-native-elder-program</p>	<p>Food Assistance</p>	<p>Free</p>
	<p>The Market at Park City 1500 Snow Creek Dr, Park City, UT 84060 435-645-7139 https://www.marketatparkcity.com/shop/home</p>	<p>Grocery Store</p>	<p>Prices vary</p>
	<p>Fresh Market 1740 Park Ave, Park City, UT 84060 435-649-6134 http://freshmarketstores.com/park_city</p>	<p>Supermarket</p>	<p>Prices vary</p>

	Market Town Olive Oil 613 Main Street, Park City, UT 84060 435-649-1400	Gourmet Grocery Store	Prices Vary
	Smith's 1725 Unita Way, Park City, UT 84098 435-649-7278 https://www.smithsfoodanddrug.com/	Grocery Store	Prices Vary
	Whole Food Market 6598 N Landmark Dr, Park City, UT 84098 435-575-0200 https://www.wholefoodsmarket.com/stores/canyoncorners	Natural and Organic Grocery Items	Prices vary
	Walmart 1827 6545 N Landmark Dr, Park City, UT 84098 435-647-9909 https://www.walmart.com/	Supermarket	Prices vary

Summit County:

Physical Activity Resources



	Willow Creek Park 4460 Split Rail Ln, Park City, UT 84098 435-655-0999 https://www.basinrecreation.org/park/	Walking trails, playground, tennis, basketball, volleyball	Free
	Willow Creek Dog Park 4460 Split rail Ln. Park City, UT 84098 https://www.basinrecreation.org/parks/willow-creek/	Walking/Running Space for Dogs	Free
	Matt Knoop Memorial Park 4056 Shadow Mountain Drive, Park City, UT 435-655-0999 https://www.basinrecreation.org/park/	Playground, playing field, pump tracks	Free
	Trailside Park 5715 Trailside Drive Park City, UT 435-655-0999 https://www.basinrecreation.org/park/	Running/Walking Trails Playground, bike track, dog park,	Free
	Prospector Park 2500 Wyatt Earp Park City, UT 84060 parkcity.org	Bike paths, playground	Free
	Silver Spur Trail Silver Spur Trail Park City, UT 84060	Biking/Hiking Trails	Free
	The Basic Recreation Fieldhouse 1388 Center Drive Park City, UT 84098 435-655-0999 https://www.basinrecreation.org/fitness/class-of-the-month/	Zumba Class in Studio A	Free Class of the Month

	Summit Park 625 Matterhorn Drive Park City, UT 435-655-0999 https://www.basinrecreation.org/trails-open-space/open-space/	Hiking, biking, skiing	Free
	PRI Open Space 2432 Olympic parkway Park City, UT 435-655-0999 https://www.basinrecreation.org/trails-open-space/open-space/	Hiking, biking, skiing,	Free
	Rasmussen Open Space 8566 Blue Bird lane Park City, UT 435-655-0999 https://www.basinrecreation.org/trails-open-space/open-space/	Hiking, biking	Free
	McLeod Creek 435-655-0999 https://www.basinrecreation.org/trail/mcleod-creek/	Walking, baby jogging, biking	Free
	Run-A-Muk Trail Area 2387 Olympic parkway Park City, Utah https://www.basinrecreation.org/activities/dog-parks/	2 miles, walking, running, dog-friendly	Free
	Rotary Park Payday Dr. Park City, UT 84060 http://www.parkcity.org/departments/park-city-marc-recreation/parks-fields/neighborhood-parks/rotary-park	Large Open Space for Games	Free

	The Woods at parley's Lane 4275 Sunrise Drive Park City, UT https://www.basinrecreation.org/activities/dog-parks/	Dog-friendly, walking	Free
	Round Valley Way trailhead 3160 Round Valley Way Park City, UT 84060 http://mountaintrails.org/pc-trail-system/round-valley/	Walking, running, skiing, hiking	Free
	Glenwild Trails and Flying Dog Located on the north side of I 80 and are best accessed from Spring Creek Trailhead near Kimball. http://mountaintrails.org/pc-trail-system/glenwild-trails/	Hiking, mountain biking, walking	Free
	Historic Rail Trails c/o Mountain Trails Foundation PO Box 754 Park City, UT 84060 https://stateparks.utah.gov/parks/historic-union-pacific-rail-trail/	Walking, running, biking, cross-country skiing, fishing	Free
	Quinn's Junction Trailhead 84098, Gillmor Way Park City, UT 84060 435-649-6839 http://mountaintrails.org/pc-trail-system/round-valley/	Walking Trails	Free
	Miner's Park Main St. Park City, UT 84060	Walking Area	Free
	City Park 1400 Sullivan Rd. Park City, UT 84060 http://www.parkcity.org/departments/park-city-marc-recreation/parks-fields/neighborhood-parks/city-park	Open space for Running/Walking	Free
	Creekside Park 2392 Holiday Ranch Loop Rd. Park City, UT 84060	Biking Area, Playground	Free

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Blood Pressure Resources

	Fresh Market 1740 Park Ave Park City, UT 84060 435-649-6264 http://freshmarketstores.com/park_city	Blood Pressure Machine	Free
	Smith's 1725 Unita Way, Park City, UT 84098 435-649-7278 https://www.smithsfoodanddrug.com/	Blood Pressure Machine	Free