


Weber-Morgan County Resources:

Weber County

Nutrition Resources


	Natural Grocers 270 12th St, Ogden, UT 84404 (385) 333-7768 https://www.naturalgrocers.com/	Food store	Prices vary
	Walmart Neighborhood Market 1710 E, Skyline Dr. South Ogden, UT 84405 (801) 479-0366 https://www.walmart.com/store/5206/south-ogden-ut/details	Supermarket	Prices vary
	Fresh Market 5691 Harrison Blvd, Ogden, UT 84403 (801) 479-0501 http://freshmarketstores.com/fm/index.php	Grocery Store	Prices vary
	Lee's Market Place 2645 N Washington Blvd, North Ogden, UT 84414 (801) 782-7800 https://leesmarketplace.com/	Grocery store	Prices vary
	Fresh Market 2044 Harrison Blvd Ogden, UT 84401 (801) 399-1304 http://freshmarketstores.com/	Grocery store	Prices vary
	Kent's Market 3673 W 2600 N, Plain City, UT 84404 (801) 827-0690 http://kentsgrocery.com/	Grocery store	Prices vary

	<p>Good Earth Natural Foods 1050 W Riverdale Rd Ogden, UT 84405 (801) 334-5500 http://www.goodearthenaturalfoods.com/retailer/store_templates/shell_id_1.asp?storeID=PJ102JRNHNGT8G0QMPEQ7LDC7GX6C2W2</p>	Natural Food Store	Prices vary
	<p>Macey's 325 36th St South Ogden, UT 84405 (801) 392-1842 https://maceys.com/</p>	Supermarket	Prices vary
	<p>Ocean Mart of Roy 5651 S 1900 W Roy, UT 84067 (801) 525-1898 https://www.oceanmartroy.com/</p>	Asian Grocery Store	Prices vary
	<p>Walmart Supercenter 1959 Wall Ave Ogden, UT 84401 (801) 917-1026 https://www.walmart.com/store/3789/ogden-ut/details</p>	Supermarket	Prices vary
	<p>Walmart 1708 Supercenter 4848 900 W Riverdale, UT 84405 (801) 627-0066 https://www.walmart.com/store/1708/riverdale-ut/details</p>	Supermarket	Prices vary
	<p>Healthy Me Health Foods 1735 Skyline Dr. #2 South Ogden, UT 84405 (801) 479-9474 http://healthymehealthfoods.tflmag.com/</p>	Health Food Store	Prices vary
	<p>Smith's 4275 Harrison Blvd, Ogden, UT 84403 (801) 479-0703 https://www.smithsfoodanddrug.com/</p>	Supermarket	Prices vary

	Farmer's Market 2562 Washington Blvd Ogden, UT 84401 801-449-8194 https://www.yelp.com/biz/ogdens-farmers-market-ogden	Fresh and local products	Prices vary
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Weber County:


Physical Activity Resources

	<p>Fort Buenaventura 2450 A Avenue Ogden, UT 84401 801-399-8099 http://www.webercountyutah.gov/Parks/fortb/</p>	<p>Walking Trials, Camping, Playground, picnic area</p>	<p>Free/ Price Varies</p>
	<p>North Fork Park 1181 N, Fairgrounds Dr. Ogden, UT 84404 801-399-8230 http://www.webercountyutah.gov/Parks/North_Fork_Park/</p>	<p>Camping, skiing</p>	<p>\$60/day for up to 30 people and \$10/day for up to 50 people</p>
	<p>Riverdale Pavilion 1181 N, Fairgrounds Dr. Ogden, UT 84404 801-399-8230 http://www.webercountyutah.gov/Parks/Riverdale_Pavillion/</p>	<p>sports</p>	<p>\$50/day</p>
	<p>Weber Memorial Park 1181 N, Fairgrounds Dr. Ogden, UT 84404 801-399-8230 http://www.webercountyutah.gov/Parks/Weber_Memorial_Park/</p>	<p>Volleyball, camping</p>	<p>Price vary</p>
	<p>Golden Spike Park 1260 West 5050 South Riverdale, UT 84405 801-621-6084 http://www.riverdalecity.com/departments/recreation/parks.htm</p>	<p>Open grass area, playground,</p>	<p>Free</p>
	<p>East Park 4850 South 600 West http://www.riverdalecity.com/departments/recreation/parks.htm</p>	<p>Picnic, playground,</p>	<p>Free</p>

	Riverdale Weber River Parkway 4600 South Weber River Drive, Riverdale, UT 84405 801-394-5541 http://www.riverdalecity.com/departments/recreation/trails.htm	Biking, walking	Free
	Wolf Creek Resort Golf Course 3718 N Wolf Creek Dr. Eden, UT 84310 801-4745-3737 https://wolfcreekresort.com/contact-us/	Golf, ski, playground, fitness classes	
	Schneider's Riverside Golf 5460 South Weber Dr. Ogden, UT 84405 801-399-4636 https://schneitersgolf.com/	Golf	Call for price
	Hooper Park and Arena 5600 S. 6300 W. Hooper, UT 84315 801-732-1064 http://www.hoopercity.com/city-parks-and-trails.html	Open area, Walking, Playgrounds, baseball diamonds,	Free
	North Park 5580 W 5875 S Hooper, UT 801-732-1064 http://www.hoopercity.com/city-parks-and-trails.html	Soccer fields, basketball field	Free
	WildWood Park 4600 W 5875 S Hooper, UT 801-732-1064 http://www.hoopercity.com/city-parks-and-trails.html	Soccer fields, playground	Free




	Stonefield Park 4529 S 4700 W West Haven, UT 84401 801-731-8882	Playground	Free
	Recreational Complex Park 4215 S 3900 W West haven, 84401 801-731-8882	Walking, Playgrounds	Free
	Country Haven Park 3950 S 3600 W West Haven, UT 84401 801-731-8882	Walking	Free
	McGriff Park 2950 N 900 E North Ogden, UT 84414 801-737-0587 http://38.106.4.20/departments/parks-and-recreation/parks	Walking/Running, Jogging	Free
	Mountain View Park 875 E 3300 N North Ogden, UT 84414 801-737-0587 http://www.northogdencity.com/departments/parks-and-recreation/parks	Walking/Running, Jogging	Free
	Barker Park 2375 Fruitland Dr. North Ogden, UT 84414 801-373-0587 http://www.northogdencity.com/departments/parks-and-recreation/parks	Walking/Running, Jogging	Free
	North Ogden Park 2750 North 500 east North Ogden, UT http://www.northogdencity.com/departments/parks-and-recreation/parks/north-ogden-park	Walking/Jogging Paths	Free

	Wadman Park 2625 North 1050 East http://www.northogdencity.com/departments/parks-and-recreation-parks/wadman-park	Walking Paths	Free
	Orton/Green Acres Park 2050 North 575 East http://38.106.4.20/departments/parks-and-recreation/parks	Walking Tracks	Free
	Oaklawn Park 1200 E 2500 N North Ogden, UT 84414 http://38.106.4.20/departments/parks-and-recreation/parks	Walking Paths	Free
	Equestrian Park 2675 N Mountain Rd. North Ogden, UT 84414 801-737-0587 http://38.106.4.20/departments/parks-and-recreation/parks	Walking Trails	Free
	Bicentennial Park 2641 N 400 E St. North Ogden, UT 84414 801-737-0587 http://38.106.4.20/departments/parks-and-recreation/parks	Walking Path	Free
	Lomond View Park 220 E Elberta Dr. North Ogden, UT 84414 http://38.106.4.20/departments/parks-and-recreation/parks	Walking paths/Playground	Free
	Lakeview Park 3350 North 350 east North Ogden, UT 84414 http://38.106.4.20/departments/parks-and-recreation/parks	Walking Paths	Free

	Shady Lane Park 520 W Elberta Dr. Pleasant View, UT 84414	Open field, playground	Free
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Weber County:

Blood Pressure Screening Resources

	Weber-Morgan Health Department 477 23 rd Street Ogden, UT 84401 801-399-7250 http://www.webermorganhealth.org/clinical-nursing-services/blood-pressure-screening/	Blood Pressure Machine	Blood Pressure Free
	Lee's Marketplace 2645 North Washington Blvd. Ogden, UT 84414 801-782-6116 https://leesmarketplace.com/pharmacy/screenings	Blood Pressure Machine	Blood Pressure Free
	Smith's 4275 Harrison Blvd, Ogden, UT 84403 (801) 479-0703 https://www.smithsfoodanddrug.com/	Blood Pressure Machine	Blood Pressure Free








Morgan County








Nutrition Resources




	Morgan County Food Pantry 90 West Young Street Morgan, UT 84050 801-845-4009 https://www.foodpantries.org/li/morgan_county_food_pantry_84050	Food Assistance	Free
	Ridley's Family Market 275 E 300 N Morgan, UT 84050 801-829-3284 https://shopridleys.com/home.php?&sn=Morgan%20Grocery%20Store%20%26%20Pharmacy&i=1161	Grocery Store	Prices vary

Morgan County:

Physical Activity


	<p>East Canyon State Park 5535 South Highway 66, Morgan, UT 84050 (801) 829-6866 https://stateparks.utah.gov/parks/east-canyon/events/</p>	Camping, boating, fishing, hiking	\$10; \$5 Utah seniors 62 and older
	<p>East Canyon Reservoir Dam East Canyon Creek Morgan, UT 84050 801-829-6866 https://stateparks.utah.gov/parks/east-canyon/</p>	Fishing, boating	Call for prices
	<p>Lost Creek State Park Croydon, UT 84018 (located 14 miles east of Croyden on Croyden Highway) http://www.stateparks.com/lost_creek_state_park_in_utah.html</p>	Fishing, boating, water sports, camping	Call for prices
	<p>Mormon Flat Historical Marker Morgan, UT</p>	Hiking	Free
	<p>Camp Clayton Historical Marker Morgan, UT 84050</p>	Hiking, Camping	Free
	<p>Donner Reed Party and Mormon Pioneer Route is a 8.4 mile moderately trafficked out and back trail located near Morgan, Utah https://www.alltrails.com/trail/us/utah/donner-reed-party-and-mormon-pioneer-route-little-emigration-canyon</p>	Walking/hiking	Free
	<p>Rudy's Flat (The trailhead is located at Mueller Park in Bountiful. From I-15, take exit 315. Turn left onto 2600. Follow 2600 about 1 mile to Orchard Drive. Continue on Orchard Drive for about 1 Mile. Turn Right on E1800. Go East 2.6 Miles until you reach Mueller Park. The trailhead is located BEFORE</p>	Climbing/Running, hiking	Free

	you enter Mueller Park. Park in the small parking lot near the Bridge or back on E1800. Don't go into the Park.) Morgan, UT 84050		
	Croydon Park 1290 N 6800 E Croydon, UT 84018 801-829-6771 https://www.facebook.com/Croydon-Park-130763016977704/?rf=608823102554743	Fire pit, grassy gathering area	Free
	Enterprise Park 2775 W. Old highway Rd. Fire Pit https://morgancountyutah.weebly.com/parks.html	Walking trail	Free
	Kent Smith Memorial Park 5457 W. Old highway Rd. https://morgancountyutah.weebly.com/parks.html	Baseball field, volleyball field, playground	Free, Call for Price
	Milton Park 1165 N, Morgan Valley Dr. https://morgancountyutah.weebly.com/parks.html	Children's playground, ballfield	Free, Call for Price
	Riverside Park River view Dr. Morgan, UT 84050 801-829-3632	Walking path, ball park, skating	Free
	Mountain Green Elementary School 6064 North Silver Leaf Drive Morgan, UT 84050 801-876-3041 https://www.morgansd.org/mountain-green-elementary/	Walking, running, Soccer field, basketball court, playground	Free
	Morgan Elementary School 334 East young Street Morgan, UT 84050	Walking/Jogging	Free

	801-829-3438 https://www.morgansd.org/morgan-elementary/		
	Morgan Middle School 115 East Young Street Morgan, UT 84050 801-829-3467 https://www.morgansd.org/morgan-middle-school/	Walking/Jogging	Free
	Morgan High School 55 North 200 East Morgan, UT 84050 801-829-3418 https://www.morgansd.org/morgan-high-school/	Walking/Jogging	Free
	RiverBridge RV Park 805 Como Springs Road Morgan, UT 84050 801-791-9577 http://shaylikilmer.wixsite.com/riverbridgervpark/rates	Camping,	Prices vary depending on duration/time

Morgan County:

Blood Pressure Screening Resources

	Weber-Morgan Health Department 318 East 300 North Morgan, UT 84401 801-399-7250 http://www.webermorganhealth.org/clinical-nursing-services/blood-pressure-screening/	Blood Pressure Screening	Free
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